# Services for Residents of Low Income Housing

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HUD currently has three distinct service coordinator programs, each with its own federally-appropriated funding stream:

- 1. The Resident Opportunities and Self Sufficiency (ROSS) Service Coordinator program;
- 2. The Family Self-Sufficiency (FSS) program; and,
- 3. Service Coordinators in Multifamily Housing for the Elderly/Disabled.

HUD's Office of Public and Indian Housing (PIH) administers the ROSS Service Coordinator and FSS programs. The Service Coordinators in Multifamily Housing for the Elderly/Disabled program funds the work of service coordinators in Section 202 housing and is administered by HUD's Office of Multifamily Housing Programs.

A service coordinator is defined as a social service staff person hired or contracted by a property owner, housing management company, public housing agency (PHA), resident association (RA), or Tribal Housing entity. The service coordinator's primary role is to coordinate the provision of supportive services and provide access to benefits, entitlements, and community-based resources for low-income residents.

In general, a service coordinator is a social service professional who acts as an information and referral resource for families, seniors, and persons with disabilities residing in publicly funded subsidized apartments or other affordable housing environments. Specifically, service coordinators help the residents in these settings to remain independent and increase their assets and self-sufficiency by connecting them with community-based services and other income-related benefits.

## **HISTORY**

Service coordination is a growing profession that has expanded from an initial beginning when Congress created HUD's Service Coordinator program through Section 808 of the National Affordable Housing Act of 1990 (also known as the Cranston-Gonzalez Affordable Housing Act, Public Law 101-625). This law gave HUD the authority to use Section 8 funds to employ service coordinators in Section 202 Multifamily Housing for the Elderly/Disabled. The Act also enacted the FSS program.

Service coordination programs received additional authority through the 1992 Housing and Community Development Act (HCDA; Public Law 102-550). The HCDA Amendments of 1992 amended Section 808 through Sections 674 and 677 and added Sections 675 and 676. Section 851 of the American Homeownership and Economic Opportunity Act of 2000 (Public Law 106-569, further amended these Acts, allowing Service Coordinators to serve low-income elderly and disabled persons living in the vicinity of the development, and expanded the program by broadening authority for funding of service coordinators in most HUD-assisted and conventional public housing developments designated for the elderly and people with disabilities.

As a response to the Quality Housing and Work Responsibility Act of 1998 (the Public Housing Reform Act), ROSS is a redefined and restructured combination of programs funded in prior years: The Tenant Opportunities Program (TOP); Economic Development and Supportive Services Program (EDSS); and, Public Housing Service Coordinators.

# **PROGRAM SUCCESSES**

National research over the past 30 years has chronicled the widely recognized preference by older adults to remain independent and in their own homes and communities for as long as possible. A research study on service coordination offers some exciting information on the benefits of service coordination across the country. Additionally, national data from the AASCOnline documentation system has shown the benefits of service

coordination in terms of: providing access to services and supports; increased length of independent living; and, most recently, cost-savings for the residents from their access to needed services, benefits, and supports.

In terms of cost savings, a comparison of the national average monthly cost of nursing home care versus keeping a low income, frail elderly person in their own apartment with access to benefits, supports, and services at a property with a service coordinator reveals some startling data. According to the March 2013 "Tenth Edition of the Genworth 2013 Cost of Care Survey of Home Care Providers, Adult Day Health Care Facilities, Assisted Living Facilities and Nursing Homes," the average monthly cost of a semi-private room in a nursing home is \$6,296. Keeping a frail elderly person independent in her own subsidized apartment with supportive services and public benefits can reduce spending of taxpayer dollars to approximately 66% less than the monthly average cost of nursing home care. This figure is based on: the average SNAP (food stamp) benefit for seniors of \$121/month; 70% of the national average of HUD's 2014 fair market rent (FMR) for a one-bedroom apartment; and, the average monthly cost of a service coordinator based on AASC 2014 Service Coordinator Salary Survey.

HUD's Office of Policy Development and Research (PD&R) evaluated the level of satisfaction among property managers in multifamily housing properties with the provision of service coordination. The report, *Multifamily Property Managers' Satisfaction with Service Coordination*, was based on a survey of property managers in multifamily developments who have or did not have a service coordinator program in place.

Overall, the report found a high level of satisfaction from property managers regarding the service coordinator program, as well as a strong belief that service coordinators improve the quality of life for the residents in their housing properties. The report also goes on to find resident occupancy appears to be longer in properties with a service coordinator when compared to properties without the position. Specifically, the report stated that the length of occupancy at developments with a service coordinator was 10% longer than at developments without a service coordinator. This increased length of independent living serves to reduce the long-term care costs for this population.

## SUMMARIES OF THE PROGRAMS Service Coordinators in Multifamily Housing for the Elderly/Disabled, and ROSS Service Coordinators

The service coordinator position is funded to carry out the following activities:

- Assessing each elderly resident's needs in Activities of Daily Living (ADLs) and determining their respective service needs.
- Assisting residents with obtaining needed community-based services and/or public benefits.
- Monitoring and evaluating the effectiveness of the supportive services provided to residents individually and collectively.
- Identifying and networking with appropriate community-based supports and services.
- Advocating on behalf of residents individually and collectively to ensure their needs are met.
- Assisting residents with establishing and working with Resident Associations/Resident Councils, as requested.
- Assisting residents to set up informal support networks.
- Assisting residents with resolving problems with their tenancy.
- Developing and acquiring appropriate health and wellness programs for the housing community.
- Developing after-school youth, job readiness, literacy, volunteer, and financial management programs for residents and their families.
- Performing other functions to eliminate barriers to enable frail and at-risk low income elderly, people with disabilities, and families to live with dignity and independence

Service coordinators are specifically prohibited from directly providing support services, serving as an

activities director, or coordinator or assisting with other administrative work of the property. However, based on the collective needs of the residents of the property or properties where they work, service coordinators will develop health, wellness, financial literacy, after-school programs, and other beneficial group presentations or programs at the property. Additionally, service coordinators assist residents at a property with starting a residents' or tenants' association, and will provide guidance, contacts, and strategies for planning events, conducting effective meetings, and completing tasks. However, they do not conduct the meetings, nor do they regularly attend these meetings unless they are invited to do so.

Eligible applicants for Service Coordinator in Housing for the Elderly and Disabled funds include owners of HUD-assisted multifamily housing, namely developments built with or subsidized by the following programs: Section 202, project-based Section 8, Section 236, and Section 221(d)(3) Below-Market Interest Rate. All housing must be designed or designated for sole occupancy by elderly persons aged 62 and older, or by people with disabilities aged 18 to 61. Funds are distributed by national competitive grant processes through HUD Notices of Funding Availability (NOFAs).

Eligible applicants for ROSS Service Coordinator funds include PHAs, Tribes/tribally designated housing entities (TDHEs), resident associations (RAs) such as resident management corporations, resident councils, and intermediary resident organizations and nonprofit organizations supported by residents and/or PHAs. Funds are distributed by national competitive grant processes through HUD Notices of Funding Availability (NOFAs).

While HUD allows service coordinators to be funded through a property's residual receipts funds or to be incorporated into the property's operations budget, most federally assisted properties and PHAs do not have sufficient resources in their operating budgets to staff service coordinators.

#### Family Self-Sufficiency (FSS)

The Family Self-Sufficiency (FSS) program helps housing choice voucher (HCV) holders and public housing (PH) residents to build assets, increase their earnings, and achieve other individual goals including homeownership, if desired. FSS supplements stable, affordable housing in two ways: (1) with case management to help families overcome barriers to work and develop individualized skills training and services plans, and (2) with escrow accounts that grow as families' earnings rise. The program is voluntary and allows participants up to five years to achieve their goals and "graduate" from the program.

The FSS program is administered through public housing agencies (PHAs) that elect to participate in FSS by filing an FSS Action Plan with HUD. Housing agencies may also choose to apply for funding for FSS coordinator costs as part of an annual competitive grant process. Some agencies are required to continue to participate in FSS until they graduate a sufficient number of families to satisfy mandates associated with receipt of incremental housing assistance in the mid-1990s. For all other agencies and for mandated agencies once they satisfy their mandate, participation is voluntary.

Each family participating in the FSS program works with a coordinator/case manager who assists the family in developing an individual training and services plan and helps the family access work-promoting services in the community, such as résumé building, job search, job counseling and education and training. The nature of the services varies based on families' needs and local program offerings.

A significant component of the FSS program is the escrow account that serves as both a work incentive and an asset-building tool. Like most families in public or assisted housing, participants in the FSS program must pay higher rental payments if their incomes increase. FSS participants, however, have an opportunity to obtain a refund of some or all of these increased rent payments. As the rent of an FSS participant increases due to increased earnings, an amount generally equal to the rent increase is deposited into an escrow account. Upon

graduation, the participant receives all of the escrowed funds to meet a need he or she has identified. If the housing agency agrees, the participant may also make an interim withdrawal when needed to meet expenses related to work or other goals specified in the participant's FSS plan. A participant who fails to successfully complete the FSS program loses the funds in his or her escrow account.

## FUNDING

For FY14, Congress appropriated \$72 million for the Service Coordinators in Multifamily Housing for the Elderly and Disabled grant program. This was a reduction in funding that may only fund one-year grant extensions for existing service coordinator grants.

The President's FY15 budget request, if passed by Congress would only appropriate \$70 million for the Service Coordinators in Multifamily Housing for the Elderly and Disabled grant program. This funding level would not fully fund one-year grant extensions. There is no money identified for new grants.

For ROSS Service Coordinator grants, FY14 funds were appropriated at a level of \$45 million. The FY15 budget request does not include any funding for the ROSS Service Coordinator grant program.

The FY14 appropriations bill also provided \$15 for a Jobs-Plus Pilot program as a set- aside in the Public Housing Capital Fund. The HUD Secretary was granted the authority to provide additional pilot funding by setting-aside and decreasing ROSS funding. The Administration's FY15 budget request includes \$25 million for the Jobs-Plus Pilot and an additional \$125 million through the President's Opportunity, Growth, and Security Initiative (OGSI) budget request.

In the FY14 Omnibus Appropriations Act, the FSS program was consolidated into one program and funded at a \$75 million level to pay the salary and benefits of FSS coordinators/case managers. This funding level constitutes "flat funding," meaning there was no increase in funding for the FSS program. Previously, there were two separate FSS programs with separate funding streams – one specifically for HCV holders (funded at the \$60 million level for the past few funding cycles) and another for public housing residents with funding carved out of ROSS funds (approximately \$15 million out of a total ROSS funding level of \$50 million for the past few funding cycles).

For HCV participants, FSS escrow deposits are eligible expenses for reimbursement under the housing assistance payments that HUD makes to PHAs. For public housing residents, PHAs are compensated for FSS escrow deposits through the public housing operating subsidy calculation.

The President's FY15 budget requests level funding for the consolidated FSS programs at \$75 million but proposes expanding the program to also serve households in Project-Based Rental Assistance funded housing, which would decrease the amount of funding provided to the residents in public housing and housed with Section 8 Tenant-Based Rental Assistance.

# FORECAST FOR 2014

## Service Coordinators in Multifamily Housing for the Elderly and Disabled grant program

There continues to be a need for a multifaceted strategy for funding service coordinators that includes maintaining the service coordinator grant programs and increasing the ability for routine staffing of service coordinators from a property's operating budget or through modest rent adjustments or the property's residual receipts. While statutory authority exists to allow HUD to fund service coordinators, many senior housing facilities have not been able to secure the necessary rent adjustments to accommodate them.

There is also a need to expand the funding for housing-based service coordinators to assist frail seniors and non-elderly people with disabilities in the surrounding community where the property is located. While Section 851 of the American Homeownership and Economic Opportunity Act of 2000 (Public Law 106-569) granted authority to enable service coordinators to assist residents in the surrounding community, there are insufficient funds to enable service coordinators to effectively assist these residents.

Additionally, Section 515 of the American Housing Act of 1949 (Public Law 81-171) provided preliminary language for the use of service coordinators at rural multifamily housing developments administered by the U.S. Department of Agriculture (USDA). In the 515 program, the service coordinator can be funded through the property's operations budget. Again, lack of sufficient resources in the operations budgets at these properties has prevented many properties from staffing a service coordinator.

#### **ROSS Service Coordinator grant program**

The need for service coordination in PHAs continues to be a critical concern. For the past few funding cycles, the Operating and Capital Funds appropriated to PHAs have decreased to the point that funds are insufficient to meet public housing operating and repair needs, much less fund a service coordinator. It is imperative that PHA residents have access to the information, assistance, and case management of a service coordinator that would enable them to gain or maintain their independence and achieve economic self-sufficiency. If the FY14 \$45 million funding level could be maintained there would be a modest amount available to fund new ROSS Service Coordinators in additional PHAs.

#### FSS grant program

For the FSS program, the key issue is expanding and making effective use of the FSS program to help families build assets and make progress toward self-sufficiency. There is no limit to the number of families that may be enrolled in FSS, so one key goal for local advocacy is expansion of current programs to serve additional families. For housing agencies without an FSS program, advocates may wish to focus on starting a new FSS program.

At the same time, there is a limit to the number of families that can be effectively served with a given number of coordinators. There is no formal caseload standard, but HUD generally uses 50 families per coordinator as a rule of thumb. Caseloads vary dramatically from agency to agency, and in some cases, it may be more important to add coordinator staff to reduce caseloads to manageable levels at the outset and then work to expand the number of enrolled families. Advocates should work collaboratively with local housing agencies to find local in-kind or cash resources to expand the number of FSS program coordinators/case managers to serve additional families.

The key federal advocacy issue related to FSS is funding stability, principally for FSS coordinators. Congress should renew and expand funding for FSS coordinators. The American Association of Service Coordinators (AASC) continues to advocate for a change in the program's funding restrictions and an increase in funding for FSS coordinators to cover the costs of training, computer equipment, and case management software for FSS coordinators/case managers. It should be noted that shortfalls in Section 8 and public housing funding hurt FSS by making it more difficult for housing agencies to rely on HUD funding to cover the costs of escrow deposits for FSS participants.

In this current and previous Congressional sessions, a number of legislative proposals have sought to streamline the FSS program and stabilize its funding, including S. 454, The Family Self-Sufficiency Act sponsored by Sen. Jack Reed (D-RI). In addition to simplifying the funding, these proposals would also open up funding to additional housing types and agencies that wanted to start or expand their FSS programs. Unfortunately, S. 454 is the only legislative initiative pending in the current Congress, and it has not made significant progress through the federal legislative process of the 113th Congress.

# WHAT TO SAY TO LEGISLATORS

## Service Coordinators in Multifamily Housing for the Elderly and Disabled grant program

Advocates are encouraged to contact Members of Congress with the message that Service Coordinators in Multifamily Housing for the Elderly/Disabled save taxpayer dollars by keeping frail, low-income seniors living independently in cost-effective housing instead of being placed in costly institutional (nursing home) care. Funding for service coordinators remains very limited despite the critical need and cost-effectiveness of service coordinators in helping low income elderly people and others with special needs to gain access to supportive services, and to help low income families to become more self-sufficient and economically independent.

Members of Congress should be urged to:

- Restore the \$91 million funding level in FY15 for service coordinators in federally-assisted housing, particularly to ensure adequate funds for expiring grants for existing service coordinator positions and to expand the number of properties with a service coordinator.
- Fully fund Section 8, PRAC, other rent subsidies and project operating funds to permit the staffing of a service coordinator as a routine part of the housing property's operating budget.
- Appropriate a minimum of \$10 million in FY15 to fund a competitive grant for service coordinators in Section 514, 515, and 516 programs under USDA.
- Direct HUD and its field offices to provide necessary budget adjustments and regulatory relief to remove any barriers restricting the staffing of service coordinators through a property's operating budget.

## **ROSS Service Coordinator Grant Program**

Advocates are urged to contact Members of Congress with the message that service coordination in public housing is a critical need. Residents of PHAs should be afforded access to information, assistance, and linkages to community-based supports and services afforded by a service coordinator to enable them to gain or maintain their independence and achieve economic self-sufficiency.

Members of Congress should be urged to:

• Maintain the \$45 million funding level as a stand-alone appropriations line item for ROSS Service Coordinator grants without any carve-outs for other programs. This would ensure more PHAs have access to grant funds for service coordinators.

#### FSS Coordinators grant program

Advocates should speak to the person in the office of their Member of Congress who deals with housing policy with the message that:

- HUD's FSS program is critical for helping families in subsidized housing build assets and make progress toward self-sufficiency and economic independence.
- To better support FSS in the near term, Congress should increase funding for FSS program coordinators to \$85 million for FY15 so as to include training for FSS coordinators as well as needed computer equipment as allowable expenses.
- Congress should pass legislation that strengthens and expands the FSS program, and stabilizes funding for FSS coordinators, their training, and necessary equipment to effectively perform their case management duties.

# FOR MORE INFORMATION

- American Association of Service Coordinators, 614-848-5958, www.servicecoordinator.org
- HUD's Office of Public and Indian Housing's ROSS and FSS website is, http://1.usa.gov/1gxezRs
- HUD's Office of Multifamily Housing Program's Service Coordinator's website is at, http://1.usa.gov/1qzW0Tf
- The HUD report Multifamily Property Managers' Satisfaction with Service Coordination, http://bit.ly/XoZo5d